B'nai Sholom Reform Congregation

Rosh Hashanah 5786

L'shanah Tovah! - Happy New Year! - לשנה טובה! OFFICIANTS: Rabbi Danielle Weisbrot; Rebecca Cotler, soloist; Elizabeth Huntley, harpist

WELCOME VISITORS AND GUESTS! We're so glad that you are celebrating with us. If you would like to receive our weekly email or monthly Bulletin, please contact our office after the holiday.

EREV ROSH HASHANAH:

PARTICIPANTS Liz Davis, Joel Bloom, Ben Marvin, Carol Smith, Judy Fruiterman, Edith Goldstein, Deb Adler, Mari Vosburgh

ONEG YOM TOV Immediately following the service, all are welcome to enjoy an Oneg Yom Tov provided by the B'nai Sholom Board of Trustees.

ROSH HASHANAH MORNING:

PARTICIPANTS Julie Friedman, Lois Gordon, Gary Hoffmann, Joel Bloom, Ben Marvin, Carol Smith, Mimi Bruce, Steve Redler, Ellie Davis, Board of Trustees, Nominating Committee, Finance and Administration Committee, Facilities Management Committee, Community Engagement Committee, Lifelong Learning Committee, Joel Bloom, Social Action/Social Justice Committee, Worship and Related Services Committee, Special Events Committee, Valerie Tabak, David Liebschutz, Yossi Koren-Roth, Amy Koren-Roth, Jeffrey Rosenbaum, Joan Savitt, Steve Gottlieb, Ann Shapiro, Laura Keller, Melissa Putterman Hoffmann, Joe DeFronzo

ROSH HASHANAH LUNCHEONS Thanks to the Special Events Committee for organizing this most enjoyable tradition and to all hosts and guests for participating.

ALBANY COMMUNAL TASHLICH The Albany Communal Tashlich will be Tuesday, Sept. 23, at 4:30 PM (in-person only) at Buckingham Pond at the foot of Colonial Ave., near the playground. Please bring duck-friendly items like grape halves, bird seed, frozen peas or chopped lettuce instead of bread. PJ Library Tashlich for kids and families is at 3:30 PM.

YOM KIPPUR:

FASTING Prepare this week by increasing water and decreasing caffeine. If you are pregnant/nursing or if it is not medically advisable for you to fast, you are completely exempt; life and health come first! Rabbi Weisbrot says: If you are in doubt, you may eat or drink what you need. Children can be fed simply.

TALLIT ON KOL NIDREI The tallit (prayer shawl) is traditionally worn only during morning prayer, but Erev Yom Kippur is an exception. Feel free to bring or wear one that night if you choose!

YOM KIPPUR STUDY SESSION 1:30-3 PM (between morning and afternoon services) - IN-PERSON ONLY

Discussion led by David Liebschutz

TOPIC: UNFOLDING: A High Holy Day Companion -- We will look at some poems and essays from this newly released CCAR Press book by Rabbi Karyn D. Kedar. Come prepared to learn and share your insights. No prior knowledge is necessary

YOM KIPPUR BREAK-FAST At the conclusion of Yom Kippur, following the Ne'ilah service, a light break-fast will be provided. All are welcome to enjoy. Many thanks to B'nai Sholom's past presidents for sponsoring this event!

IT'S SUKKAH-RAISING TIME We're looking for a few good people to help build, decorate and take down the sukkah. Please let us know if you can come Sunday, Sept. 28 at 10 AM for setup or help with teardown at a date and time to be announced. Contact Carol Smith.

OUR SUKKAH will be open to all from the start of Sukkot (Tuesday, Oct. 7) until Simchat Torah. We encourage picnicking and, weather permitting, we'll make sure you have a table and chairs if you let us know you're coming.

SIMCHAT TORAH:

EREV SIMCHAT TORAH SERVICE The holiday season comes to a close with **Simchat Torah Monday, Oct. 13**, with Yizkor at 7 PM and Simchat Torah service at 7:30 PM. Join us as we UNROLL THE SCROLL around the room. New this year: Carol Smith will chant the last words of Deuteronomy. Lots of hands are needed to help hold up the Torah and all are welcome to take the "tour" of our sacred text!

B'NAI SHOLOM CONTINUES WITH MULTI-ACCESS SERVICES: For those joining in person, copies of Mishkan HaNefesh are available for use; for those participating remotely, the prayers and readings will be shared on the Zoom screen.

PRAYERS FOR THE SICK / MI SHEBEIRACH LIST There will be an opportunity during the service to share aloud or in the Zoom chat the name of someone you're praying for.

GUIDE TO B'NAI SHOLOM 5786/2025-2026 Members: The Annual Guide is printed and ready! Pick up your copy next time you're at B'nai Sholom or here at Yom Kippur.

PLEASE: • silence/turn off your phone and <u>disconnect from the JCC's Wi-Fi</u> · place your prayer book on the table when you leave • take all papers with you; do not leave them in your prayer book

SPECIAL THANKS TO... Lois Gordon and Jim Savitt for coordinating our use of the AJCC, and the AJCC Board and staff for their generosity in making this space available and comfortable; the Safety and Security Committee, led by Howie Stoller, and all who volunteered to be greeters and ushers; Ann Lowenfels and Laura Keller for keeping our youngest congregants engaged during our morning services; Ken Tannen, Jim Savitt, Mary Warrener, and Carol Smith for transporting our Ark and ritual items; Mitch Levinn for compiling and producing the Annual Guide; Hayden Schwartz for coordinating the Rosh Hashanah oneg provided by the Board; Amy Koren-Roth and Maggie Tabak for coordinating the Yom Kippur break-fast; Lois Gordon and Gwen Spicer for arranging congregants' artistic works in the temple display cases; Emily Pickering, who keeps the temple office running like a well-oiled machine; Eric Goldberg, Ann Lowenfels and Jim Garbaini for operating our camera and Zoom; Phil Teumim and Will Vail for contributing the sound equipment; and especially to the Worship and Related Services Committee, led by Mimi Bruce and Carol Smith, and all volunteers who have made these services possible.

TZEDAKAH FOR THE HIGH HOLY DAYS The High Holy Days are a time when many of us "recalibrate," assess our actions and ideas and decide which to retain and which to transform. Over the years, B'nai Sholom has offered congregants a variety of ways to perform Tzedakah (charity/righteousness) as a path to Tikkun Olam (repairing the world). If you wish to support causes in the world outside of these doors, here is a variety of entities in need that hopefully connects to the variety of interests and world views of our diverse congregants:

RAC (Reform Movement's Religious Action Center) - https://rac.org/

World Central Kitchen - https://wck.org/

Doctors Without Borders - https://www.doctorswithoutborders.org/

Rozana: Health Diplomacy – https://www.rozana.org/who-we-are

Israel Bonds - https://www.israelbonds.com

UP AHEAD:

- CLOTHING COLLECTION We will collect CLEAN, GENTLY USED clothes and shoes. Please be sure to SORT BY GENDER (male/female/unisex) AND ALSO BY AGE (infant/child/teen/adult) and label the bags. Drop off your donations at the synagogue during the week of NOV. 4-8 when the building is open** or in person on SUNDAY, NOV. 9, 11 AM-1 PM. **Please place them neatly in the marked classroom; **do not** leave bags outside the building.
- NEW MEMBER SHABBAT Mark your calendar and plan to join us on FRIDAY, NOV. 7, for our New Member Shabbat. We'll enjoy a partly catered/potluck dinner at 6 PM with a fun program to help us all get to know each other better, followed by Erev Shabbat services at 7:30 where we will formally welcome and bless our newest members. Watch for the RSVP link in the weekly announcements.
- LIFELONG LEARNING "Live from Jerusalem: A Schmooze with our Rabbi Emeritus, Don Cashman" –

SUNDAY, NOV. 2, 10 AM
"The Mamboniks" – A documentary by the director of The Catskills telling the surprising story of Jewish dancers who fell in love with the Cuban mambo in the 1950s, sparking a dance craze that swept the nation and the world. A true tale of bagels meeting bongos – SATURDAY, NOV. 8, 7:30 PM

"Torah and Shakespeare in Conversation: Genesis, Richard III and Hamlet" - A look to literature, sacred and secular, to help us find wisdom. A presentation by Mary Warrener - SUNDAY DEC. 7, 10:30 AM. Preceded by bagels/coffee/tea.

Watch the Bulletin and weekly e-mails for details.

- TOT SHABBAT 2nd Friday of every month 5:30-6 PM.
- TORAH STUDY Shabbat mornings 10-11:30 (9:30-10:30 when there is a Torah service) and extended sacred text study first Saturdays until noon.
- SHABBAT TORAH SERVICES Check the temple calendar or the weekly e-announcements for dates each month.
- TECH VOLUNTEERS KEEP OUR SERVICES MULTI-ACCESS We always have openings for tech support volunteers for all hybrid services - no experience needed! If you (or someone you know) is interested in learning how to operate our sound and video equipment, contact Eric Goldberg at nyeric65@yahoo.com.
- HOSTING AN ONEG SHABBAT to help bring the B'nai Sholom community together is rewarding. You provide food and beverages for a gathering after Shabbat services; your fellow congregants spend time noshing and socializing. Please use our convenient online sign-up link in the weekly announcements or feel free to contact the office with any questions.

OPPORTUNITIES FOR SOCIAL ACTION AND SOCIAL JUSTICE:

- Please bring items for the FOOD AND PERSONAL CARE COLLECTION BOXES. Check to be sure that items are not past or close to expiration dates.
- Please CONSIDER WHAT YOU WILL SAVE BY FASTING on Yom Kippur and contribute that amount, if you are able, either to the Regional Food Bank (965 Albany-Shaker Rd., Latham, NY 12110), to MAZON-A Jewish Response to Hunger (10850 Wilshire Blvd., Suite 400, Los Angeles, CA 90024) or to B'nai Sholom for the Fresh Food for Families program.

ONGOING WAYS TO HELP SUPPORT B'NAI SHOLOM:

CELEBRATING 50 YEARS AND BEYOND: 2025-2026 APPEAL This fall, with the support of the Board of Trustees, we are raising funds to replace the synagogue's HVAC system. Please consider making a donation to this important effort. Donating is easy! You can:

- Send a check to B'nai Sholom in the memo line, please note "Fundraising Appeal";
- Donate online by visiting the B'nai Sholom website, enter the donation amount and select "Fundraising Appeal";
- If you are over age 70 ½ and interested in making a Qualified Charitable Distribution (QCD) from your IRA, please contact Gail Golderman at goldermg@union.edu.
- LEGACY SOCIETY We have 57 members in the Legacy Society, and we would be honored to add you, if you are not there already. By committing a substantial contribution now or in your will to our Endowment Fund, you secure the future of our B'nai Sholom community. Contact Mimi Bruce at mbrucemd53@gmail.com.
- KIBBUTZNIK Donate in memory of, or to honor, someone special. Contact Lois Gordon at rgordon1@nycap.rr.com.
 GROCERY STORE GIFT CARDS Purchase gift cards to Hannaford to do your grocery shopping and the temple earns 5% on each dollar spent. Contact Ellie Davis at davisj0726@gmail.com
- FRIENDS HELPING FRIENDS DAY AT BOSCOV'S Receive 25% off everything you buy in-store on Wednesday, Oct. 22. Shopping passes are available at the temple office during business hours for \$5.
- CLYNK The green way to raise funds by collecting your bottles and cans. Pick up your recycling bag at the temple office. Contact Maxine Goldberg at maxm0304@yahoo.com.
- GOT SNEAKERS Place sneakers that you no longer wear into the box in the temple entryway for reuse or recycling. Contact Amy Sternstein for information at amysternstein@aol.com.